

Guide for registration and booking your appointment

1. You will have access to register in your **personalised 3H Clinic** registration site, **secured by Carepatron**, after selecting “Book Your Appointment”. This individualised site will give you access to your 3H Clinic encrypted records, correspondence, communication tools with your clinical team, forms etc.

3H CLINIC
Human Holistic Health

1 Service
2 Location
3 Date & Time
4 Attendee

JG Javier Gomez

Book with 3H Clinic

Welcome, let's get you booked in.
If you've been here before, sign in to speed things up.

I've been here before
Sign in to pre-fill your details

This is my first visit
We'll set you up in a few steps

JG

2. Select the appropriate appointment: is it a first visit or is a follow up from a previous appointment at 3H Clinic?

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Select a service

Choose the type of appointment you'd like to book.

First Appointment
90 min • £375.00
[More info](#)

Follow up Appointment
40 min • £160.00
[More info](#)

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3. NOTE, for **first appointments we recommend an in-person booking**. Online follow ups can be agreed in clinic based on your personal circumstances and preferences.



- ✓ Service
- 2 Location
- 3 Date & Time
- 4 Attendee
- 5 Payment details

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Select a location

Choose where your appointment will take place.



Online

Video conference



3H Clinic

21 Charing Cross, Norwich, England, NR2 4AX, GB



4. **Select the preferred date and available appointment slot** shown in the calendar, and **click “Continue”**.
5. Type your **name and contact details, and a brief description of the reason for the appointment**. Don't worry about providing extensive details at this . We will send you a clinic form via your personal 3H Clinic account, where you will have the opportunity to describe your condition in greater detail.
6. **Stripe secure page** will be displayed to proceed with the payment.
7. Once your appointment has been confirmed, you will receive a **pre-clinic questionnaire** for you to explain your medical problem in more detail. **It is important that you complete this questionnaire as soon as possible, as this will help to tailor your appointment to your individual needs.**
8. In **“Settings”** you can select **Multi-Factor Authentication (MFA)** for **additional security of access**.